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FOR IMMEDIATE RELEASE

EXCELA HEALTH HONORED FOR ITS SUPPORTIVENESS OF BREASTFEEDING EMPLOYEES

GREENSBURG, PA, August 8, 2016… The Family Additions Maternity Center at Excela Health Westmoreland Hospital encourages all new mothers to give their babies a healthy start through breastfeeding. That supportiveness extends to health system employees following their maternity leave who have private accommodations in which to pump breast milk or feed a newborn while at their worksite.

Since 2008, Excela Health has been recognized as a Pennsylvania Breastfeeding Friendly Workplace. An additional honor from the Southwestern Pennsylvania Breastfeeding Coalition (SWPABC) newly identifies Excela as an “Exceptionally Supportive Employer.” According to Michelle Kasmer, IBCLC, president of SWPABC, this distinction was based on a nomination submitted by an Excela Health employee who was proud to be part of an organization that openly encourages breastfeeding.

“Employers like Excela Health understand that supporting breastfeeding is smart business – mothers are absent from work less due to infant illness and the future working generation will be emotionally and physically healthy,” added Kasmer. “Thank you for allowing your employees to provide the best nourishment possible – breast milk. You have made a difference in the health and well-being of your employee and her child.”
Excela Health offers continuing instruction and support to ensure breastfeeding success. All new mothers cared for in Excela Health’s Family Additions Maternity Center meet with board-certified lactation consultants prior to discharge. Childbirth education classes showcase breastfeeding techniques, newborn feeding behaviors and common challenges for expectant parents. Ongoing assistance is available from the lactation consultants for nursing mothers and their babies.

To learn more, contact the Excela Health Call Center, 1-877-771-1234, or visit www.excelahealth.org.