

TO MEDIA:

CONTACT:

Tom Chakurda
Chief Marketing and Communications Officer
Excela Health
tchakurda@excelahealth.org
412-508-6816 CELL

Robin Jennings
Marketing and Communications
Excela Health
rijennings@excelahealth.org
724-516-4483 CELL

FOR IMMEDIATE RELEASE

EXCELA HEALTH REMAINS AMONG THE ELITE WORKPLACES REGIONALLY AND NATIONALLY FOR HEALTH AND WELLNESS

System leads the way in Western Pennsylvania among companies that are the most proactive in employee health and well-being.

GREENSBURG, PA, October 18, 2021... For the 10th consecutive year, Excela Health has been recognized among the Healthiest Employers in Western Pennsylvania, and for the sixth year in a row named a Healthiest 100 Workplace in America, in an awards program presented by Healthiest Employer®.

The Healthiest Employer® awards program, powered by Springbuk, was created to honor people-first organizations that prioritize the well-being of their employee population. These companies were recognized because of their commitment to workplace wellness and their exceptional health and benefits offerings. Over the past year and a half, several companies have adapted to remote workforces and new policies because of the global pandemic.

Award applicants in Western Pennsylvania were evaluated across six key categories: Culture and Leadership, Foundational Components, Strategic Planning, Communication and Marketing, Programming and Interventions, and Reporting and

Analytics. Completed assessments were ranked with the proprietary Healthiest Employers® Index, a 1-100 rubric for wellness programming.

Winners at the national level are selected based on their Healthiest Employers Index. Springbuk evaluates each applicant using its Health Intelligence platform — powerful, AI-driven technology that applies proprietary algorithms to disparate health and related data, generating insights and actionable opportunities to save money and prevent disease.

In Western Pennsylvania, Excelsa Health was tops in its category representing companies with an employee complement between 1,500-4,999. Nationally, Excelsa was ranked #17 among the Healthiest 100.

“Never has employee well-being been more critical than during this time of public health crisis,” noted Laurie English, Excelsa Health Chief Human Resources Officer. “As a health system, our employees are on the front lines of the pandemic, and facing physical, emotional and spiritual challenges as they provide care. Being able to offer the resources to help our teams manage stress, find work-life balance and cope with personal and family medical concerns is mission critical to improving the health and well-being of every life we touch.”

“As we have navigated the pandemic, we have adapted traditional in-person wellness programming to an online platform, allowing nutrition and exercise classes to continue uninterrupted for staff as well as the community,” explained Patrick Martin, manager of Excelsa Health’s Well-Being Center. “We’ve developed more video resources for stress relief and grief support and are utilizing our employee assistance program to its broadest potential to touch employees and their families on every front including their financial wellness and retirement planning.”

“Receiving repeat recognition for what has become engrained in our culture not only validates our success in adapting to the ever-changing healthcare landscape, but demonstrates how necessary a robust employee wellness program is. We are indeed honored to be a regional and national leader in this regard,” added English.

Earlier this year, Excelsa Health also was a repeat honoree among the Nation’s Best and Brightest in Wellness® sponsored by the National Association for Business

Resources. Excela first received this honor in 2016 and has remained a recipient each award period.