

Manage your health online.

SUPPORT HOTLINE: (888)670-9775
EMAIL: support@followmyhealth.com



You Should Have Access To Information From Your Hospital Stay. We Can Help!

## **Managing Your Health Online**

**FollowMyHealth** (Excelahealth.me) is a private, secure way of managing your personal health information online. Once you have an account, visit ExcelaHealth.me or the FMH Mobile App, sign-in anytime and view your personal health information!





## FollowMyHealth (ExcelaHealth.me) Offers . . .

- Online access when and where you want it. Your health information is available through a web browser or on a mobile app.
- Confidence that your health information is located in a secure site.
- Access to lab tests/results.
- Diagnoses, conditions and medications.
- Discharge information including follow-up care.

## Make the Connection to Your Doctor's Office

If you have a physician in the Excela Health Medical Group you can also ...

- Request appointments and prescription refills at your convenience.
- Send and receive messages from your doctor's office.
- Get reminders about follow-up and preventive care.
- Talk to your doctor about how to connect at your next visit.
- Office notes and video visits.

Have questions? Call 1-888-670-9775, Monday to Friday 8 a.m. to 8 p.m. or email support@followmyhealth.com

**Please note:** Excela Health. Me accounts link to providers who have agreements with FollowMyHealth. All members of the Excela Health Medical Group participate in the program and care offered through these providers as well as Excela Health hospitals will be documented in your universal health record.