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**FOR IMMEDIATE RELEASE**

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**ROCKY BLEIER ADDED TO SPORTS CLINIC PROGRAMMING;  
VENUE CHANGED TO WESTMORELAND COUNTY COMMUNITY COLLEGE**

**GREENSBURG, PA, July 12, 2010** ... Pittsburgh Steelers legend Rocky Bleier has been added to the programming for Excelsa Health's second annual "Get in the Game" Sports Clinic, Saturday, August 7. To accommodate the anticipated enrollment, the venue has been changed to the Science Center at Westmoreland County Community College. Registration and information fair is 8:30 to 9 a.m. Clinic sessions run from 9 a.m. to 12:30 p.m. Cost is \$5 per individual or \$10 per team or family.

Sponsored by Excelsa Health and its Partners Advocating Total Health, the event is geared toward student athletes in Grades 6 through 12 along with their families and coaches.

The day's events feature clinics designed to keep athletes at the top of their game. Among the offerings: *Signs and Symptoms of a Concussion*; *Getting Back into Your Game after Injury*; *Strength Training and Safety*; *Healthy Nutrition for Performance*, and *Dangers of Alcohol, Tobacco and other Drugs*. Bleier will provide a keynote address at 9 a.m. and remain for the remainder of the event. The first 75 individuals to register will receive an autographed photo of the football star.

To register, call Excelsa Health's Call Center toll free, 1-877-771-1234 or visit the calendar on [www.excelahealth.org](http://www.excelahealth.org).