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FOR IMMEDIATE RELEASE

PULMONOLOGISTS ADD SLEEP MEDICINE TO THEIR AREA OF EXPERTISE

GREENSBURG, PA, May 20, 2010 ... Three physicians on the Excelsa Health medical staff specializing in pulmonary and critical care medicine recently received additional board certification in Sleep Medicine. Newly credentialed by the American Board of Internal Medicine in this subspecialty are Steven Wodzinski, MD, of Pulmonary and Critical Care Associates in Greensburg, and Sanjeev Jethmalani, MD and Robert Zaccagnini, MD, in practice with Pulmonary and Critical Care Medicine in Latrobe.

According to Denise Sorrentino, physician liaison, Excelsa Health LifeLine Centers for Sleep Disorders, "This specialty area of medicine deals with the prevention, assessment and treatment of sleep disorders and associated behavioral and emotional problems. Through a team approach, our physicians and specially trained registered sleep professionals work together to treat insomnia, excessive daytime sleepiness, sleep apnea/snoring, narcolepsy, nocturnal myoclonus (strong leg kicking during sleep), restless leg syndrome, circadian rhythm disorders linked to jet lag or shift work, as well as sleep-related movements and behaviors such as nightmares, sleep walking, sleep talking and seizures."

Eligibility requirements for physician board certification involve 10 years of practical and clinical experience in the field of sleep medicine and completion of an extensive certification exam. Annual continuing education credits are required to maintain certification.

"Board certification substantiates the quality standards we maintain for patient care " added Sorrentino.

Excelsa Health's LifeLine Centers for Sleep Disorders is the region's only accredited private sleep center, offering six convenient sites located in Mt. Pleasant, Greensburg, Jeannette, Latrobe, Blairsville and Ligonier. Physician referrals are required and appointments can be scheduled by calling, toll-free 1-877-351-6545.