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EXCELA HEALTH AMONG HEALTHIEST EMPLOYERS FOR SECOND YEAR

GREENSBURG, PA, June 15, 2012 … Wellness is always a smart choice. For Excela Health, it's also a winner's choice. The health system's initiatives to improve the health and well-being of its employees and their families have been recognized for the second year with a Healthiest Employers of Western Pennsylvania Award as sponsored by the Pittsburgh Business Times.

Excela was one of 36 companies in the program, and repeat winner in the category of 1,000 to 4,999 employees. The awards were presented June 14 at the Omni William Penn in Pittsburgh.

Lou Corsaro, assistant managing editor of the Business Times, made this observance in the special supplement honoring all of the participants: "It wasn't so long ago that the idea of your employer providing gym membership, weight-loss programs or biometric screenings would have been crazy. Whether it's rising insurance premiums, the realization that a healthier workforce is a more productive one or simply altruistic intentions, there's no doubt companies understand that having such programs is critical to the bottom line."

This year's awards luncheon featured twice as many winners as the inaugural one, and Corsaro says "that's a testament to the number of area companies and their employees who are excited about the programs being offered and the positive effects they have had."

Excela continues to see a decline in the cost of paid claims, and a rise in the number of preventive health screenings. Both are positive trends that are

likely to continue. And a healthy workforce is a safer one, too. Excela's workers' compensation claims are at an all-time low, as is the OSHA recordable rate.