



# Stroke Survivors & Caregivers Support Group

**WHEN:** 4<sup>th</sup> Tuesday of the Month

**TIME:** 6 to 7 p.m.

**WHERE:** Westmoreland Hospital  
Conference Rooms 1 and 2  
(First floor near Hospital Administration)

## Information/Registration

For more information or to register for the support group, please contact Joshua Adams, RN, Stroke Coordinator, at 724-532-6051 or [joshua.adams@independence.health](mailto:joshua.adams@independence.health).

Life after stroke can be challenging. Join us for education, resources and support. Stroke survivors and loved ones welcome.

## 2024 Dates

- January 23
- February 27
- March 26
- April 23
- May 28
- June 25
- July 23
- August 27
- September 24
- October 22
- November 26
- December - no meeting, happy holidays

